world wars. Then, as now, Lyngby was an exclusive place for a vaca-tion, ideally suited for those who sought tranquility, peace and authenticity.

HIKING SUGGESTION: Walk south towards Lodbjerg on the West Coast Trail from the rescue center, which today serves as a primitive camp site. You can choose to follow one of the old wheel tracks towards the sea and walk on the beach on the way back.

LODBJERG FYR [LIGHTHOUSE] (9)

Parking place near the lighthouse.

The preserved Lodbjerg Lighthouse was built in 1883 of granite blocks from Sweden. From the top of the lighthouse is an excellent view on the southern part of National Park Thy. Towards the north you can see the large dune heaths from



Lodbjerg through Lyngby and all the way to Stenbjerg. If you turn south you can see Ørum and Flade lakes surrounded by green meadows and further south the border of the national park by Agger Tange and Thyborøn Canal. A moving white dune towards the north is evidence of the havoc caused by the sand drift through centuries.

HIKING SUGGESTION: Follow the blue hiking trail across the dune heaths to Penbjerg and back to the lighthouse.

AGGER TANGE (10)

Agger Tange can be experienced either from the north-south coastal road or from the western sea dike. There are several parking lots in the area. In the town of Agger, a path allows the disabled access to the dike as well.

Aside from being one of the most important resting places in Northern Europe for water birds, the bar is also an important breeding location for endangered meadow birds.

In terms of cultural history, the bar is interesting as well. On the border between ocean and fiord many dramatic events have occurred. Floods, break through, sand drifts and coastal preservation are all a part of the area's history.

HIKING SUGGESTION: Go for a walk along the rescue path east of the dike and follow the beach on the way back.







DANISH

NATIONAL PARKS



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hiking trails begin.

There are plenty of parking areas, from where a number of can experience the extensive dune heaths and plantations. it is recommended that you drive along the coast, where you If you visit the national park by car,

trails as we. plantations, there are marked riding roads. In Hvidbjerg, Nystrup and Vandet you are permitted to ride on the forest to the plantations where – in general – beach, it is possible to make a detour from June 1st to August 31st). From the ride on the beach (except in the period park on horseback, you are allowed to If you wish to experience the national you can spend the night either in inns, B&B's running water. If you prefer more comfort, place, toilet facilities and some of them have walk. They all contain shelters, a bonfire kilometers between them – roughly a day's number of primitive campsites, all with 15-20 Along the West Coast Trail there are a

ler public roads and forest roads through the plantations. The bike trail is located a bit further inland where it consists of smalof the scenery surrounding you.

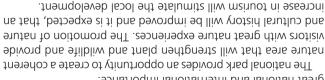
or on campsites.

to the ocean and the dunes and you can truly sense the greatness and in general, it follows the old rescue road. Here, you are close and bike trails. The hiking trail is identical with the North Sea Trail

The West Coast Trail consists of both hiking it is split into smaller sections.

it might be easier to digest the experience when the entire national park at once though. In fact, level of comfort. It is not necessary to experience amount of time available as well as the desired of your car. The decision is determined by the bicycle, on horseback or from behind the wheel The national park can be explored on foot, on

> national park Four ways of seeing the



great national and international importance. minor extensive farm areas. The dunes and dune heaths are of dune plantations as well as great lakes and is tied together with The national park consists of coastline, dunes, dune heaths,

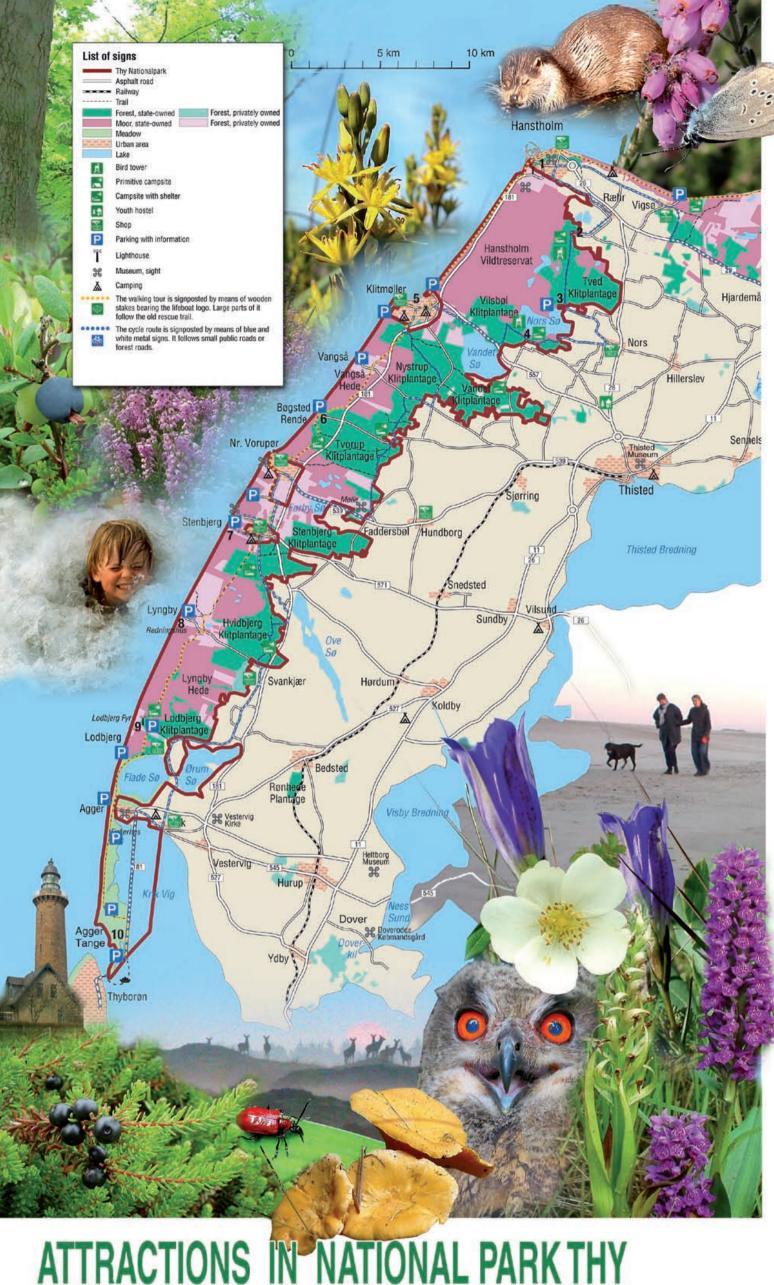
kilometer inland. Is of qu gnibnestse bne rhon ent ni mlortsneH of rhuoz ent ni is located along the coast of the North Sea from Agger Tange The national park, which covers an area of 24.370 hectares

took place on the 22nd of August 2008. as home to the first Danish national park. The official opening The Danish Parliament has appointed the area of western Thy

Denmark's first national park





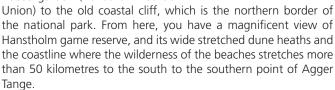


HANSTHOLM LIGHTHOUSE AND COASTAL CLIFF (1)

The parking place by the lighthouse and the church.

Hanstholm Lighthouse is located on the far west of Hanstholm. It was built in 1843 and for a while, it was the strongest lighthouse in

HIKING SUGGESTION: Follow one of several roads through the Lighthouse garden (Hanstholm Garden



BIRD TOWER IN TVED DUNE PLANTATION (2)

Parking place at the end of Sårupvej in the northern part of Tved Dune plantation.

HIKING SUGGESTION: Follow the yellow hiking trail, which leads to a bird tower on the edge of Hanstholm Wildlife Reservation after about two kilometers. The most important types of nature in the national park are now right in front of you, as far as you can see – dunes, dune heaths, dune plantations and lakes. In March and April you might be lucky enough to experience dancing and trumpeting cranes. In September this is a good place to see large herds of red deer and hear the roar of the male deer.

ISBJERGET (3)

The parking area is located in the southwestern corner of Tved Dune plantation – at the end of Hindingvej In close vicinity to the parking area, you can find bonfire and barbecue facilities and by Bagsø, there is a fishing

HIKING SUGGESTION: Follow the yellow hiking trail which twists steeply for about 600 meters up the old coast cliff to Isbjerget which is the highest point in Hanstholm Wildlife Reservation, 56 meters above water. From the top, you have a magnificent view of the wide expanses of the game reserve. Towards the west, you can see the North Sea in the distance and towards the south the clean and clear watered Lake Nors, which is the national park's eastern border to the farm land.

THE SWIMMING AREA OF LAKE NORS (4)

platform suited for the disabled.

Drive two kilometers north from Vester Vandet on Agerholmvej. You will find the parking area close by the shore of the lake.

The swimming area, which is light and open and shielded from the westerly wind by the forest, has the finest, child-friendly beach. The good quality of the water is due to the fact that it is a karstic lake (i.e. nutrient-poor lake with lime floor) and that water flows into the lake through fissures in the lime. Lake Nors is a part of Hanstholm Game Reserve and sailing and surfing is prohibited.

The area has toilets equipped for the disabled, a large number of tables and benches and three bonfire- or barbecue places.

HIKING SUGGESTION: Follow the yellow hiking trail to the bird tower and return through the beautiful and distinctive mixed forest from the year 1900.

KLITMØLLER (5)

Parking areas are north of the town by 'Splittergab', south of the town by 'Trøjborg' or in the town centre on Ørhagevei

From the years 1600 - 1800, Klitmøller was the centre for 'skudehandel' (craft trade) with Norway, to where, grain and other foods were exported, while the return load consisted of lumber, iron and



horses. A blooming period of fishing followed, and today many of the beautiful tool sheds are visible evidences hereof. Currently, Klitmøller is known throughout Europe for its outstanding conditions for surfing.

HIKING SUGGESTION: Take a walk along the beach. Enjoy the light and the sea air and watch the surfers.

BØGSTED RENDE (6)

In Tvorup Plantation you turn away from Kystvejen towards the west. The parking area is between the plantation and the sea dune.

Bøgsted Rende (gully) is an old recreational area in Thy and people come here to go swimming or for a walk on the beach. However, when it is windy, people tend to



take cover in the plantation directly behind the sea dune. There is a network of marked hiking trails from the parking

HIKING SUGGESTION: The blue hiking trail follows the gully through a forest of centuries old trees that are wind-swept and stunted. Later on, the yellow trail goes through Thagards Plantation – which is one of the first plantations in Thy, established in 1816 – and passes the sea mark, which is one of the few remaining beacons, that were established in 1884 to serve as navigational tools for the seafarers. Other beacons can be found in Vigsø and Stenbjerg. Today they are all preserved.

STENBJERG LANDINGSPLADS (7)

In the roundabout on Kystveien you turn towards Stenbjerg Landingsplads (Landing Place)

The picturesque tool sheds were built by the fishermen themselves in the years around 1900. Today, they are used by the part-time fishermen. The preserved tool shed, which was built in 1931, contains a small exhibition that



illustrates the local history and rescue service.

HIKING SUGGESTION: Walk south from the landing place on the beach until trail number D102. Follow this trail through the dunes and past the preserved beacon. Let the walk take you through the village, past the church and the long row of tool sheds. You can also stop by the exhibition in painter Kate Lassen's house. The walk is 4.5 kilometers.

LYNGBY (8)

From Kystvejen just north of Svankjær you turn towards Lyngby. The parking area is at the end of the road.

Lyngby was established in 1864, when six families from Agger and Alum decided to move to a place with better prospects. Fishing was the main occupation, but the area also provided the opportunity for small-time farming. The first vacation homes were already built during the period between the two

